

MESSAGE FROM THE PRESIDENT

MESSAGE FROM PRESIDENT CARON

Tansi everyone!

As the leaves begin to fall and autumn turns to winter, I have reflected on this past year of serving as President of the Métis National Council. Much has changed over the last year and I look forward to continuing down a path of pride and passion in serving the Métis Nation.

It has been another busy month for the Métis National Council. Our team has been busy at work bringing together citizens of the Métis Nation, Governing Members and Government of Canada officials. These opportunities to gather present us with a special opportunity to learn, grow, strengthen our bonds and advance the interests of the Métis Nation.

On that note, the Métis National Council was privileged to host our Annual General Assembly in Vancouver, British Columbia on October 26 and 27, 2022. The meeting was an overwhelming success as leadership from across the Métis Nation came together and found ways to collaborate and serve the best interests of Métis citizens.

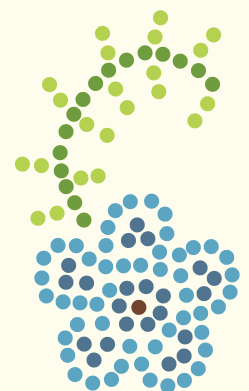
At the Annual General Assembly, we were honoured to be joined by our newly formed Grandmothers Council. Each of the Grandmothers reminded us to respect one another and that we were all there for a common purpose, to come together, as one and serve the Métis Nation.

Notably through the Annual General Assembly, a Métis National Youth Council was mandated. I am excited as the Youth Council will develop in the coming months and can't wait to see the amazing things it is able to accomplish.

Immediately following our Annual General Assembly, the Métis National Council got right back to work, with team members attending the 2022 United Nations Climate

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Change Conference. This was the first time the Métis Nation has had an official delegation attend a COP event and our representatives participated in a number of events and panels representing the interests of the Métis.

This November we also honoured Métis Veterans and all those that sacrificed their lives fighting for their Nation. Spending time with citizens as they commemorate their Veterans of the past and present was an absolute privilege that I do not take for granted. I am so grateful to those who have served and continue to serve. Then, I will have another opportunity to be with our communities as we will remember the life and courage of Louis Riel on November 16th.

Be kind, be safe, and always be proud to be Métis!



NEW HIRES

Intergovernmental and International Relations

Daniel Canough, Director Intergovernmental and International Relations

Daniel Canough joins the Métis National Council as Director of Intergovernmental and International Relations. Prior to working for MNC, Daniel spent the previous 5 and a half years of his career working for Crown-Indigenous Relations and Northern Affairs Canada's Intergovernmental and International Relations Directorate. His responsibilities included collaborating with Indigenous partners to co-develop Canada's positions during United Nations resolutions negotiations, and coordinating Canada's participation at United Nations meetings, including the annual sessions of the United Nations Permanent Forum on Indigenous Issues. Prior to working for CIRNAC, Daniel spent short periods of time working at Global Affairs Canada's Office of Protocol, and for Docip, an NGO which provides technical support to Indigenous Peoples who attend international conferences. Daniel is happy to be a part of the MNC, and is looking forward to learning about Métis people and advocating for the Métis Nation and Métis citizens.



MOMENTS IN HISTORY

Did you know that on November 16, 1885, Louis Riel was executed for leading the Northwest Resistance in defence of Métis rights and that this day is recognized as Louis Riel Day? Although Louis Riel Day commemorates one of the great tragedies of Canadian history, it is also a day to celebrate Métis culture and the continuing progress that Métis people are making in fulfilling Riel's dream of Métis taking their rightful place within Confederation.

CITIZEN HIGHLIGHT

Danielle Bergevin



The decision to become a Métis Nation British Columbia citizen was difficult, as I did not feel I was "Métis enough." I grew up disconnected from Métis culture, and although it was something my family knew, I did not learn I was Métis until my early teen years. I was ecstatic to receive my citizenship card, as it affirmed a piece of myself and my history. As a citizen of the Nation, I felt that it was important to become involved, learn about the culture, and give



ONE NATION. MANY STORIES.

BI-WEEKLY UPDATE FROM THE GOVERNING MEMBERS

MNBC

Métis Nation British Columbia

Métis Nation British Columbia and Métis Financial Corporation of BC Announce First-Time Home Buyers' Program

At Métis Nation British Columbia's (MNBC) 2022 Annual General Meeting (AGM), the first held in-person since the beginning of the COVID pandemic and the first-ever hybrid AGM, MNBC and the Métis Financial Corporation of BC (MFCBC) announced a new first-time home buyers' program for MNBC Citizens.

The program, the particulars of which will be finalized shortly, will be a 5-year investment of \$5,000,000 and be delivered by MFCBC in partnership with MNBC. The program will launch in 2023. "I have talked to many Citizens that pay more in rent than would cost a mortgage," says Lissa Dawn Smith, MNBC President. "This program can help our Métis families build equity that can be passed down for generations." MNBC's Board of Directors remains committed to building affordable housing for MNBC Citizens in regions across BC.

This work is supported by land purchases in Campbell River, Fort St. John, Hudson's Hope, Kamloops, Surrey, Saanich, and Terrace. "We need to find creative ways to support our Métis Citizens so that they can afford home ownership," says Walter Mineault, MNBC Vice-President and Minister of Housing and Homelessness. "This first-time home buyers' program is the first step in getting many of our Citizens in homes they can call their own for years to come."



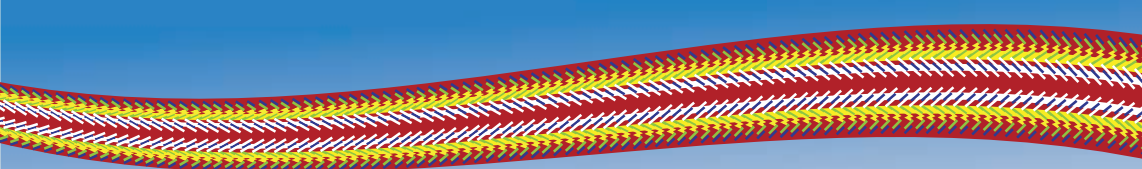
Since it began operations in 2018, MFCBC has a successful track record of supporting Métis entrepreneurs in BC. MFCBC is proud to partner with MNBC to expand its services by implementing the first-time home buyers' program. MFCBC's CEO Evan Salter says "We are pleased to add the first-time home buyers' program to our portfolio. We recognize how home ownership can change the lives of Métis families for today, tomorrow and for many years to come. The first-time home buyers' program is an investment in our greatest resource – our people."

back to the community. I have had many great opportunities through reconnecting to become involved in both our local and provincial communities. I currently sit on the Métis Youth Mental Health and Wellness Initiative Committee, have participated in My Eco Action, and have been fortunate to participate in many other activities. When in community with others, I have always felt heard, valued, and accepted. I have also learned that not feeling Métis enough is common among other Métis people, which helped to stifle my feelings of being an imposter.

In September 2022, I moved back from Kelowna to Coquitlam after two years of completing a Master's Degree in Clinical Social Work from UBCO. During my time in Kelowna, I learned how to bead and had many fantastic opportunities to develop connections with local Métis youth. Upon moving back to Coquitlam, I wanted to continue my community engagement, and have recently become the Region 2 Youth Representative!

Although I have had many opportunities to connect with the community, the feelings of not being Métis enough would often come up, but instead of pulling away, with support and encouragement from Elders and other Métis people, I pushed myself to dive deeper. Although these feelings still resurface from time to time, I have been fortunate to have a strong support network around me, which I have found to lessen the burden.

I now wear my sash with pride!



MNO

Métis Nation of Ontario

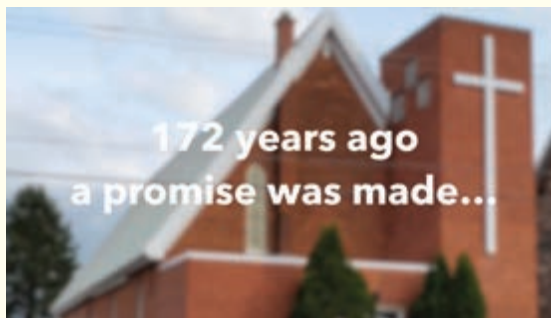
October was Breast Cancer Awareness Month. Diagnosed with breast cancer this year, MNO President Margaret Froh tells her story in this Toronto Star op-ed to raise awareness of high rates of cancer within Métis populations and the importance of regular screenings. Visit <https://www.thestar.com/opinion/contributors/2022/10/22/metis-people-in-ontario-are-at-greater-risk-for-a-number-of-cancers.html> to read President Froh's story.



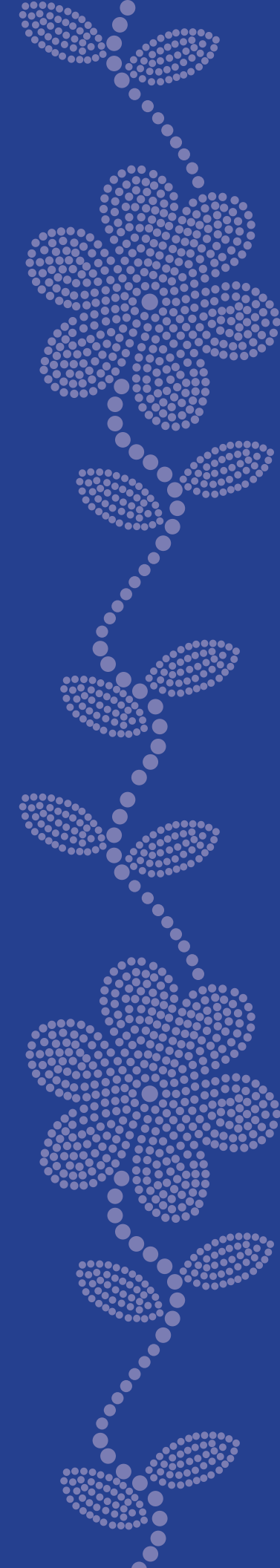
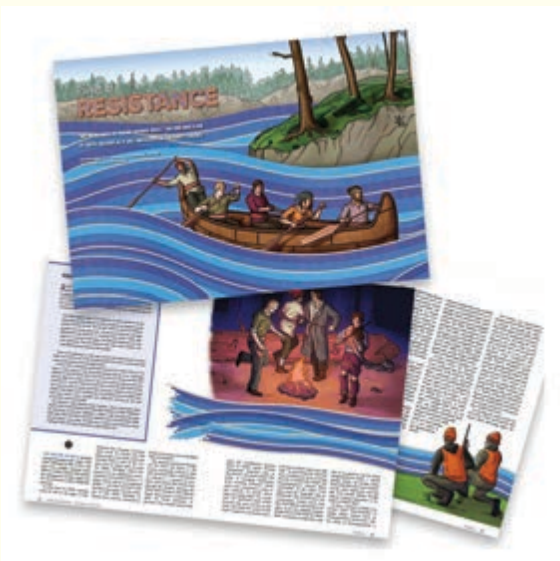
The Métis Nation of Ontario is providing an endowment of \$515,000 to NOSM University, Canada's first independent medical university. The endowment will fund a bursary program for Métis students pursuing their MD at NOSM University and is being matched by the FDC Foundation. Learn more at bit.ly/3TDdm4O.

On October 21 the bells at the Sault Métis Centre rang out 172 times, signifying the 172 years that

have gone by since a solemn promise was made to the Métis community. A heartfelt marsi to the Sault Ste Marie community for this powerful reminder of Métis presence in Ontario. For more: <https://bit.ly/3gr3BYQBells>



The September/October edition of Canadian Geographic Magazine tells the story of Métis in Ontario in its feature article "Rivers of Resistance" penned by MNO citizen and academic Dylan Miner. If you missed the magazine on newsstands you can still access Rivers of Resistance online: <https://canadiangeographic.ca/articles/rivers-of-resistance-a-history-of-the-metis-nation-of-ontario/>





Métis National Council

Métis National Council organized a meeting with Natural Resource Canada to discuss National Benefits-Sharing Meeting



To ensure the initial perspectives of the Métis Nation are reflected in the Natural Resource Canada's National Benefits-Sharing initiative, the MNC organized a meeting on October 12th and 13th in Ottawa Ontario. The meeting was attended by technical leads from Governing Members and Métis Capital Corporations to discuss the matter. Meeting participants reviewed a draft report and based on the initial inputs and discussions at the meeting, provided the Métis Nations input and preliminary recommendations. Going forward, the

Department of Economic Development will submit a funding proposal that will provide significant capacity support for the MNC and Governing Members to substantially participate in the work into 2023.

2022 National Métis Health Forum - October 18 to 20, 2022 in Gatineau, Québec

In Gatineau, Québec, the Métis National Council was pleased to host the 2022 National Métis Health Forum that brought together Métis Elders, Métis Leaders, Governing Members staff, government officials, health care system navigators, front-line public health workers, media, and Métis people living and working in urban, rural, remote, and small communities and anyone with an interest in Métis Health. With the central theme of Advancing Métis Health, the event explored topics such as the Métis Vision of Health, Cancer Control Challenges, Chronic Disease Risk Factors, Métis Health Data Development, Long-term Care, Innovative Health Approaches and Indigenous Health Legislation.



Throughout the event, the Métis National Council and guests engaged in presentations and discussions that allowed for engagement, knowledge sharing, learning and teaching. Throughout the event, the MNC was able to not only share Métis priorities but learn from guests and inform how they will continue to advance Métis Health. With the knowledge gained from the 2022 National Métis Health Forum, the MNC is better positioned to service the Métis Nation and further their priorities.

KOKUM'S KITCHEN RECIPES

Three Sisters Soup

INGREDIENTS:

- 3 tablespoons butter
- 4 cups chicken or vegetable stock
- 1 cup onion, diced
- 1 clove garlic, minced
- 1 butternut or acorn squash, pre-baked and pureed
- 1 teaspoon curry powder
- ½ teaspoon salt
- ½ cup yellow corn kernels
- ¼ teaspoon ground coriander
- ½ cup hominy, cooked
- 1 cup white beans, cooked
- ¼ teaspoon crushed red pepper

DIRECTIONS:

1. Melt butter in a large saucepan over medium-high heat.
2. Add onion and garlic, cook for 3 to 5 minutes or until tender.
3. Stir in spices, cook for 1 minute.
4. Add stock, corn, hominy, and beans, and bring to a boil.
5. Reduce heat to low and cook, stirring occasionally, for 15-20 minutes to develop flavors.
6. Stir in pureed squash, cook for 5 minutes or until heated through.
7. Serve warm with chives and plain yogurt as a garnish.



TRADITIONAL MÉTIS VALUES

Humour

Métis people use humour to ensure that you do not take yourself too seriously. Humour is also used as a way to cope with hardship. Teasing is often used as a way of admonishing someone without being harsh and is a way to show someone that you actually enjoy their company. The “joking relationship” between parallel cousins is a form of social control.



2022 Health and Climate Change Meeting - October 20 to 21, 2022 in Gatineau, Québec

The Métis National Councils Departments of Health and Programs and Environment and Climate Change worked together to plan and execute a meeting that explores the challenges at the intersection of Health and Climate Change. Throughout the event, federal officials and Governing Member representatives were able to share their current work and priorities regarding Climate Change and Health.



As a result of the meeting, the MNC and Governing Members were able to identify the key priorities from throughout the Métis Nation. They were also able to develop a starting point for advocating and lobbying for greater opportunities to do work within the intersection of Climate Change and Health to both protect against and manage challenges.

Indigenous Climate Action - Climate Leadership Program

Indigenous Climate Action has been working to develop a Climate Leadership Program designed by and for Indigenous peoples, communities and Nations. The program will offer online training targeted toward Indigenous peoples who wish to facilitate conversations about climate change in their community, Nation or organization. Topics will include the basics of climate science and climate change, Indigenous perspectives on climate change and climate action, root causes of climate change and more. The sessions will be hosted over zoom from **Friday, November 25th to Sunday, November 27th at the following times in your respective time zone.**

Pacific 9:00 am - 1:30 pm

Mountain 10:00 am - 2:30 pm

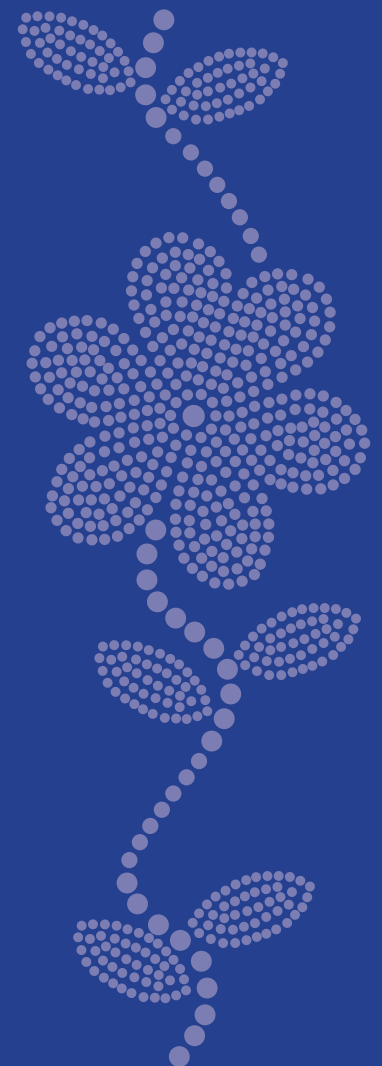
Central 11:00 am - 5:30 pm

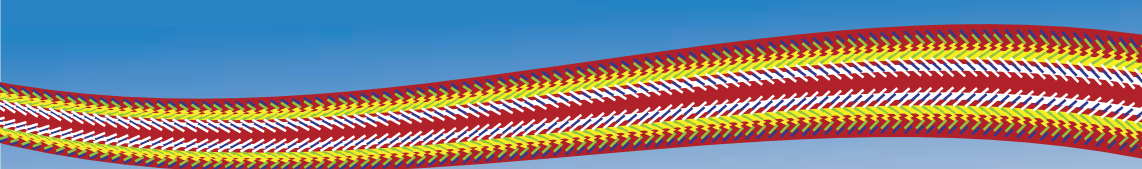
Eastern 12:00 pm - 4:30 pm

Atlantic 1:00 pm - 5:30 pm

Newfoundland 1:30 pm - 6:00 pm

To attend, please complete an Indigenous Climate Actions Climate Leadership Program Application form at: https://docs.google.com/forms/d/e/1FAIpQLScEntMZQsKtOIVrT53hk1Vlp3f_00hmbjvpxVyJ8uVigfWCoQ/viewform



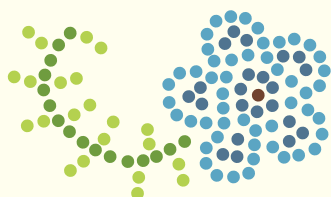


Métis National Council Granted Intervenor Status in SCC Bill C-92 Case

The Métis National Council and Governing Members are pleased to provide an update regarding the intervenor status of the Government of Québec challenge of the constitutionality of Bill C-92. The MNC and Governing Member have been granted full intervenor status on the case that will be heard on December 7th and 8th 2022 beginning at 9:30 am. The opportunity to watch live-stream of the proceedings will be available on the Supreme Court of Canada website.

Métis National Council Wildfire Workshop - Edmonton Alberta

This workshop brought together Métis and non-Métis wildfire experts, practitioners, knowledge keepers, Elders and policy/decision makers to learn about and discuss the connection between the Métis Nation and wildfire (past, present and future). Attendees learned about the rich history and cultural connection between the Métis Nation and putting fire on the land. Experts spoke to develop an understanding of the current contexts of wildfire and implications of climate change on how Métis communities are impacted by wildfire. On the second day of the workshop, representatives from each Governing Member and Les Femmes Michif Otipemisiwak met to discuss what they had learned and develop a roadmap to resiliency for wildfire and emergency management. The workshop has made it abundantly clear that the Métis Nation needs to return fire to the land through Métis hands and communities in order to heal the land, ourselves and our communities while providing climate change adaptation and resilience to our communities and neighbors.





The Métis National Council at the United Nations Climate Change Conference (COP) in Cairo Egypt

MNC participated for the first time in Ramsar COP 14. This meeting of the parties is specific to the conservation and protection of wetlands. Wetlands have always been embedded in the Métis culture and livelihood. Wetlands clean our water, provide habitat for important plants and animal species, mitigate flooding and are an important source for holding carbon. MNC was present at COP 14 to make sure the Métis voice and values are included in these important negotiations.



Send newsletter enquiries to:
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